



ZUMBA



With Lisa Kay Dawes

Zumba on Mondays

***NEW* Zumba Toning on Wednesdays** (*beginning November 8th*)

5:30pm – 6:30pm

At the Antrim Town Gym

\$5 per session

lisakaydawes@gmail.com

****Email Lisa for space availability and most recent schedule****

This is a program of the Antrim Recreation Department. This is not a ConVal program.



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